



## SUN CREAM POLICY

Too much exposure to ultraviolet (UV) radiation from the sun causes sunburn, skin damage and increases the risk of skin cancer. Sun exposure in the first 15 years of life contribute significantly to the lifetime risk of skin cancer.

Worstead Pre-school want all staff and children to enjoy the sun safely. We will work with staff, parents, and carers to achieve this through.

### Education

All children will be involved in a discussion, appropriate for their age and understanding, at the start of summer about sun protection and the risks

- All staff will be educated in the importance of sun protection and the risks involved in not protecting both themselves and others
- We are a nut free setting and we ask parents/carers to check that the suncream they are sending into the preschool does NOT CONTAIN NUTS OR OILS MADE WITH NUTS, this is extremely serious as this could cause anaphylaxis.

Sun safety will be promoted through working with the children, parents/carers and staff to improve our understanding and provision to avoid the harmful effects of too much exposure to UV. Staff should always act as a positive role model and set a good example by seeking shade whenever possible, wearing appropriate clothing and applying sunscreen.

### Protection

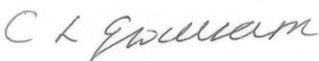
- The pre-school garden has shade provided with outdoor shelter and large umbrellas
- Children will be encouraged to use the shaded areas during playtimes and wear appropriate clothing
- The children will be encouraged to wear clothes that provide good sun protection (sun hats etc)
- Parents/carers will be duly informed of the importance to provide the pre-school with the appropriate clothing/headwear

*This organisation is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.*

- Staff should wear hats when appropriate to act as a good role model and to also demonstrate drinking plenty of water
- Children are encouraged to increase their water intake in hot weather and are encouraged to do so in outdoor areas also.
- Water will always be available to children throughout the day from water dispensers which children will be able to access independently. (Both indoors and outdoors)

## Sunscreen

- Parents/carers of children that attend for a half day should apply sun cream to their child at home. For those children that attend for a full day, parents/carers should apply cream to their children before they come to pre-school and staff will assist the child in re-applying it during the day when necessary
- Parents/carers are asked to give written permission for sun cream to be applied to their children.
- Parents/carers are required to provide the nursery appropriate sun cream for their children
- The sun cream must be in date and be a minimum factor 50
- Parents/carers are welcome to leave the sun cream at the pre-school for the duration of the summer but this cream must be clearly labelled with the child's name on it.

|                  |                                                                                     |
|------------------|-------------------------------------------------------------------------------------|
| Name:            | Clare Gwilliam                                                                      |
| Position:        | Pre-school Manager                                                                  |
| Signed           |  |
| Name:            | Alicia Grix                                                                         |
| Position         | Committee Chair                                                                     |
| Signed           |  |
| Date:            | 1 <sup>st</sup> September 2026                                                      |
| Date for Review: | 31 <sup>st</sup> August 2027                                                        |

*This organisation is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.*